

THE

PESTALOZZI

INTERNATIONAL FOUNDATION

.....
Inspiring young people to make a difference in the world





THANK YOU MESSAGE

"Pestalozzi has been one of the most important parts of my life. It helped me to shape my future and led me to where I am today. By meeting students like me from different backgrounds, it's helped me to understand different cultures and made me realise my responsibilities, not just as an Indian, but as a global citizen. I will always be grateful to Pestalozzi and its supporters for giving all the scholars opportunities to achieve our dreams as well as uplift the communities around us!"

- Sameer Rokade, 2016 - 2018



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CREATING YOUNG LEADERS



MAGS ALEXANDER

STUDENT SCHOLARSHIP,
ALUMNI LIAISON AND
DEVELOPMENT FUND MANAGER

The beginning of the new decade certainly brought with it some unprecedented global challenges. The impact of the Coronavirus pandemic has been far reaching and the longer term implications for individuals, businesses and charities will no doubt be felt for the foreseeable future.

It has been a time for adaptation, not only for the staff team, who have been working remotely from across the county and country, but also for the current Pestalozzi-UWC scholars and their classmates who found their academic studies so abruptly interrupted as they were repatriated to their home countries. Thankfully, with the assistance of the staff from UWC Atlantic the students continue to be supported and online learning has been implemented.

For a number of our alumni, who are in the midst of their studies at colleges and universities around the world, it has been a similar story with a move to remote learning. For those graduating this year it must be particularly difficult as they will

MESSAGE FROM PESTALOZZI

be deprived of the opportunity to attend their graduation ceremonies and celebrate the culmination of all of their hard work. A number of Pestalozzi alumni work in the medical field and we applaud the work that they have been doing to keep people safe and healthy.

It has been a busy few months with a great deal of alumni engagement. Following on from her trip to the United States, Nancy, our Student Programme Assistant, caught up with alumni across the UK, Nepal and India (pages 10-11).

The Pestalozzi Development Fund saw its first grant recipients with projects ranging from the field of education to aquaponics. We hope that you enjoy reading about these (page 8-9).

Selection for the next cohort of Pestalozzi-UWC scholars to attend UWC Atlantic is also underway (page 4-5).

Thank you for your continued support, which we appreciate more than ever during these challenging times for many charities.

ABOUT PESTALOZZI INTERNATIONAL FOUNDATION

Pestalozzi is a UK-based charity with over 60 years' of experience offering life-changing scholarship opportunities to young people from around the world.

OUR VISION

To inspire young people to make a difference in the world.

OUR MISSION

To produce globally conscious young leaders by supporting their further education in a multi-cultural, multi-faith environment.

OUR CORE VALUES

Respect, Integrity, Diversity, Commitment, and Fun.



UPDATE FROM MAGS

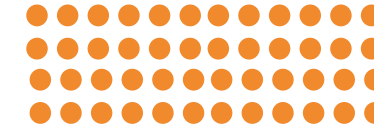
SELECTING PESTALOZZI SCHOLARS

The selection of students for a Pestalozzi scholarship has always been an enjoyable, and at times, an emotional process. Knowing that you hold a young person's educational future in your hands can be daunting. With a limited number of scholarships available each year, it is crucial to find the most suitable candidates, while being aware that there are always more applicants than scholarships available. No pressure!

With the evolution of the scholarship programme it was essential for PIF to find a partner organisation with a similar ethos and outlook. In delegating the selection process to the UWC National Committees it has been important for PIF to understand their criteria and processes.

The National Committees are all made aware of the PIF criteria, which are not dissimilar to UWC's own. So far 2 PIF staff, both with extensive experience of selecting Pestalozzi students, have observed selection in 3 countries - Belize, Uganda and Nepal.

The selection processes themselves may vary slightly, but involve a written application and essay, community work, group based activities and discussion, and personal interview. I attended the selection of students from Nepal and Belize and was impressed by the rigour of the



Welcoming the newest members of the Pestalozzi family!



process. Having carried out the selection of students for Pestalozzi for well over a decade it was interesting to observe the UWC alumni and volunteers who carry out the process each year in action.

We are grateful to everyone who made us so welcome and for allowing us to see the selection and decision-making for ourselves. Our attendance provided us with reassurance, valuable insight, as well as reinforcing our belief that the partnership with UWCI is indeed the right one and that the funding from PIF supporters is being well spent.

This autumn we look forward to welcoming the five newest members of the Pestalozzi family, from Indonesia, Bhutan, Uganda, Nepal and Belize, as they embark on their course of study at UWC Atlantic. Although the coronavirus pandemic has caused some delays in the selection process, we hope that it will not delay the students travel to the UK later this year.

Further information about the UWC application process and how to apply can be found at <https://www.uwc.org/howtoapply>



PESTALOZZI-UWC SCHOLARS

Learning continues for Pestalozzi-UWC Scholars



DECHEN

ARYAN

ALVIN



KAZEMBE

RUFARO



Pestalozzi is currently supporting 5 students at UWC Atlantic in Wales, through the Pestalozzi-UWC Scholarship. All of the students settled well into life in the UK and have been involved in a number of initiatives, competitions and events, showing their passion for learning and desire to make a difference.

The current pandemic has created some challenges for the College and students and has changed the way their learning has been able to continue. As of 13th March the college made the decision that all first year students were to leave campus as soon as possible, with those unable to leave for compelling reasons being supported by a host family. Four of the five Pestalozzi scholars returned to their home countries and the other remained in the UK with a host family.

UWC Atlantic Principal, Peter Howe, commented - "Now that we have supported our students on their journeys to places of safety, their learning journey continues through our online learning platform, which is now up and running successfully. Our teachers continue to work tirelessly to ensure effective continuity of education, to stay connected with students and support them in whatever ways they can."



The students have weekly meetings with their Tutors and are provided with resources to help them prepare and participate in classes. The college is also providing health and wellbeing support that includes HITT classes and relaxation. Dechen and Rufaro are continuing to support their fellow students through their presence on the Wellbeing Team. Individual students have encountered their own challenges as a result of the Coronavirus and lockdown situation. Kazembe explained, 'I had

online network problems initially, but thankfully these are mainly resolved.' From Zimbabwe, Rufaro mentioned the issues related to food shortages and an overwhelmed and inadequate health care system.

As the situation is changing constantly, due to the challenging times we are all facing, we will be posting regular updates on our website and social media channels.

ACHIEVEMENTS

KAZEMBE – Competed in the South Wales Region School Chemistry Analyst Competition.

ARYAN - Participated in the ACMUN conference, in which he was a delegate of the Security Council representing Lebanon. He's also trying to complete a tidal energy project, looking at making a turbine to generate electricity.

DECHEN – Elected as Wellbeing Council rep.

RUFARO – Elected as Pentti Kouri's Wellbeing Council House Representative. "This is a council I identify with and find beneficial as I journey through life. As a way of engaging with the student community, I have become a part of the Changemakers Curriculum through Communication, Narrative, Dialogue and Peacemaking - I am in the Dialogue and Peacemaking Unit."

ALVIN – Has been trying new activities such as rock climbing and orienteering.

Pestalozzi Development Fund Recipients

The fund, established in 2019, was created to enable Pestalozzi International Village Trust UK and Pestalozzi International Foundation alumni to set up or expand projects or activities of benefit to their own or other developing communities.

Find more information on the website – www.pestalozzi.org.uk/Pestalozzi-Development-Fund

The first applications were received at the end of 2019 and five successful applicants have now been chosen to receive funding for a range of projects and educational needs.

The next deadline for applications is 30th June 2020. Maybe there's a project that could be set up to help your community overcome some of the issues that COVID-19 has created? We are particularly keen to receive applications for sustainable projects that will make a long term difference.

PROJECT: COMPLETION OF UNDERGRADUATE STUDIES IN INDIA
ALUMNA: ASWATHY MANUKUMAR
GRANT AMOUNT: £1100

PROJECT OVERVIEW: To provide assistance with rent and maintenance during the final year of undergraduate studies in BSc Medical Microbiology at the Sai Institute of Paramedical and Allied Sciences in India.

EXPECTED IMPACT: Allowing her more time to focus on her studies and to successfully complete her course will enable her to use her qualification to support those from disadvantaged sectors of society.

PROJECT: JOINT ORGANIC AQUAPONICS
ALUMNUS: ARNOLD KATENDE
GRANT AMOUNT: £4450

PROJECT OVERVIEW: A social enterprise that is focused on the production of fish and vegetables together in a constructed eco-system. The project will focus on providing training to local communities about how to sustainably grow organic food using less of the available space, water and land.

EXPECTED IMPACT: To provide healthy, organic and sustainable food to communities in Uganda as well as employment.



PROJECT: UNDERGRADUATE STUDIES IN ZAMBIA
ALUMNA: PRECIOUS KATAI
GRANT AMOUNT: £2500

PROJECT OVERVIEW: University of Zambia School of Natural Sciences – BSc NQS. Precious embarked on her 7 year degree programme in 2020.

EXPECTED IMPACT: Once she has completed her undergraduate studies, Precious hopes to use the skills and knowledge that she has gained to treat, manage and prevent a variety of diseases that impact her home country of Zambia.



PROJECT: BUDHANILKANTHA EDUCATION SERVICES
ALUMNUS: DIPIN BISHWAKARMA
GRANT AMOUNT: £5000

PROJECT OVERVIEW: BES Youth Camp is a year-long initiative which will conduct extensive team-based entrepreneurship and leadership activities, ranging from a 2-month course to a weekend camp and one-day workshops for high school students.

EXPECTED IMPACT: To enhance youth education and employment opportunities in Nepal through promoting leadership and entrepreneurship among the younger generation.

PROJECT: BLOOM NEPAL SCHOOL
ALUMNUS: CHANDAN MISHRA
GRANT AMOUNT: £5000

PROJECT OVERVIEW: Girls' Hostel expansion project. The funding will be used to fund the learning centre for the new hostel, which will include a library and computer facilities.

EXPECTED IMPACT: Development of the new hostel and facilities will enable increased provision, thereby promoting better opportunities for the girls to complete their education. The long term aim is to encourage women's empowerment in Nepal, particularly for those from remote and rural communities.



PROJECT: BLOOM ED
ALUMNI: RAM K RIJAL, CHANDRA BHANDARI, SANDHYA KARKI
GRANT AMOUNT: £4500

PROJECT OVERVIEW: Web-based platform to enable students in Nepal preparing for their Secondary Education Exam (SEE) to practice for their final exams.

EXPECTED IMPACT: The web-based platform has been optimized to understand the learning needs of students and create personalised learning paths and goals, therefore maximizing their ability to achieve the best results possible. The majority of content will be freely available for all students taking the SEE.

MEET THE PESTALOZZI ALUMNI

EDINBURGH | LONDON | LINCOLN | BRIGHTON | NEPAL | BELIZE | INDIA

Last autumn, Nancy, our Student Programme Assistant travelled to the US to catch up with Pestalozzi UK alumni. The trip was such a success Nancy went on subsequent trips to Nepal, India and also visited Universities across the UK. Mags Alexander, our Student Scholarship, Alumni Liaison and Development Fund Manager, travelled to Belize for selection and also made time to catch up with some alumni there. Here's a snapshot of where they've been and who they met.

UK

Edinburgh

I was lucky enough to pay a visit to Scotland and visit two of our alumni who are studying at The University of Edinburgh. Geoffrey Njovu is in his second year of studying Medicinal and Biological Chemistry and he also has several exciting projects on the go, including an initiative that will provide entrepreneurial education in his home country of Zambia. Martin Namukombo is a first year Computer Science student and is presently working on a group start-up in his spare time, focusing on optimising photo-sharing using AI.



'Education is sunlight really for me. It's a life giving thing. It's a bridge between vulnerable communities and opportunities.'
- Geoffrey Njovu

London

Nancy's next stop was the capital city of London. There she met Sushant Subedi (from Nepal) who is currently studying Social Policy at the London School of Economics, whilst Sameer Rokade (from India) is studying Software Engineering at the University of Westminster.

Lincoln

The next university visit took Nancy to Lincoln where Aamir Ansari and Chok Tsering are both studying at the University of Lincoln. Chok, is studying Economics and will be graduating later on this year and Aamir is in his first year of obtaining a degree in Accounting and Finance.



BRIGHTON

The last UK visit took Nancy to the South coast where she caught up with our Pestalozzi alumni currently studying at the University of Brighton, including Lobsang Dolma, Shuvechchha Ghimire, Syeed Ansari, Dawa Zangmo and Sonam Wangdi. Their subject choices include Civil Engineering, Biomedical Sciences and Electronic Engineering.

NEPAL

On a personal visit to Nepal, Nancy made time to catch up with alumnus Aayush Aryal who is studying at Connecticut College. She was fortunate enough to visit Aayush's former school. It was a really wonderful experience to be able to wander around his old classrooms and school grounds and truly understand just how far he has come. It was yet another demonstration of how impactful the Pestalozzi programme can be.



BELIZE

Whilst on selection in Belize, Mags took some time out to catch up with five of our alumni who live and work there, including Adisha Elijo, Rudolph Parham, Amber Santos and Louis Kus. She also met up with Bernice Ramirez, who has just been accepted into Berea College in the US.

INDIA

Due to these extraordinary times we are facing as a global community, Nancy returned from India to the UK earlier than expected. She was looking forward to meeting more of our alumni and sharing their stories with you. However, she did manage to meet up with a number of alumni including Aswathy Manukumar, Tenzin Lekdhen, Adith Sivamohan, Shiva Lingala, Yadu Poudel, Anshul Ansari, Dhana Patil, Rohit Sahu, Nidup Dorji and Ahbishek Mishra. Ahbishek is currently working to bring much needed innovations to the healthcare system in India to improve quality and affordability for the most vulnerable. "Through my work I really hope to keep the motto of Pestalozzi alive, influence and educate through the Head, Heart and Hands."



ALUMNI UPDATE

PESTALOZZI ON THE FRONTLINE – COVID-19

Across the globe our students and alumni are having to cope with unexpected changes to their daily lives. We've heard from a number of them, including those working on the frontline. Thankfully all of those we have heard from are safe and well. Here are some of their stories.

Alumna Tracy Makuvire is currently an Internal Medicine Resident at Brigham and Women's Hospital in Boston, US, caring for patients in ICU. Tracy commented "Do not forget to continue to reach out to friends and family during this time and to care workers and frontline workers who are caring for patients during this crisis. Everyone needs your support and hopefully we will all continue to strive to fight this virus and emerge better and wiser with more kindness and purpose to prepare our world against the next pandemic."

Dr Adeola Legunsen-Oluwase is also working on the frontline in a US hospital as a Resident physician at Duke Family Medicine Residency. Describing her experience she said "I'm not in an emergency room intubating patients or in the ICU managing ventilators. I and many colleagues are helping within and beyond the clinic walls; testing, triaging and supporting mildly to moderately symptomatic patients. In the midst of the pandemic, we are striving to provide safe and timely care for everyone... As we face the challenges of this ongoing pandemic, I am hopeful that this will pave the way for us to re-examine and establish new systems of healthcare delivery that will be more equitable and accessible. I am also hopeful that leaders will use this opportunity to strengthen and support healthcare systems in various places around the world so that we will be able to have a stronger and swifter response to similar occurrences in the future."



Pestalozzi alumna, Annapurna Sadhukhan is currently working for the NHS here in the UK. After studying and working in both Germany and then China, in February 2020 her journey came full circle when she returned to the UK to take up a post as a junior doctor in the clinical haematology department of Hammersmith Hospital, Imperial College Healthcare Trust. Working on the frontline in the medical profession is a demanding job at the best of times, but in the midst of the current Coronavirus pandemic it is more challenging than ever. Anna explained, 'We are seeing increasing numbers of COVID-19 patients each day. Some of my colleagues are infected too and it is a scary situation. I hope that everything returns to normal soon.'

As well as working on the frontline in a medical capacity, we've also heard from alumni who are providing extra educational support to students, maternity kits for pregnant women in Zambia and working in labs on Coronavirus tests. We are sure this is a sentiment echoed by everyone. Thank you to all of our alumni who are working on the frontline during the current pandemic and to all of their colleagues.



UNIVERSITY PLACES

BIGYAN BABU REGMI – has been awarded a prestigious fellowship at Yenching Academy of Peking University where he will pursue a Master's in China Studies with a focus on Economics.

ASISH DAS – has accepted a place at the University of Wisconsin-Madison and has been awarded a King-Morgridge scholarship.

BERNICE RAMIREZ – has accepted a place at Berea College and hopes to pursue either Economics or Political Science with a minor in Computer Science.

ISAAC RUKONDO – has also accepted a place at Berea College.

GIVING BACK

Pestalozzi alumni have been using their skills and time to help support Pestalozzi.

We're delighted to announce that Pestalozzi alumnus Pradeep Subedi has joined our board as a Trustee. His experience and knowledge will help support the charity and offer invaluable guidance.

We're also excited to be working with Tenzin Noryang on the design of this newsletter. Tenzin Noryang was a Pestalozzi Scholar from 2004-2006. She graduated from Carleton College in 2010. Currently, she is based in Toronto where she leads partnerships and marketing for a Canadian non-profit serving immigrants and refugees. She has previously worked at Machik, where she supported education of Tibetan children from Tibet. Her 2 years at Pestalozzi had a big impact on her, and she says that she been following Pestalozzi's mantra of using the "Head, Heart, and Hands" in her professional and personal life.

