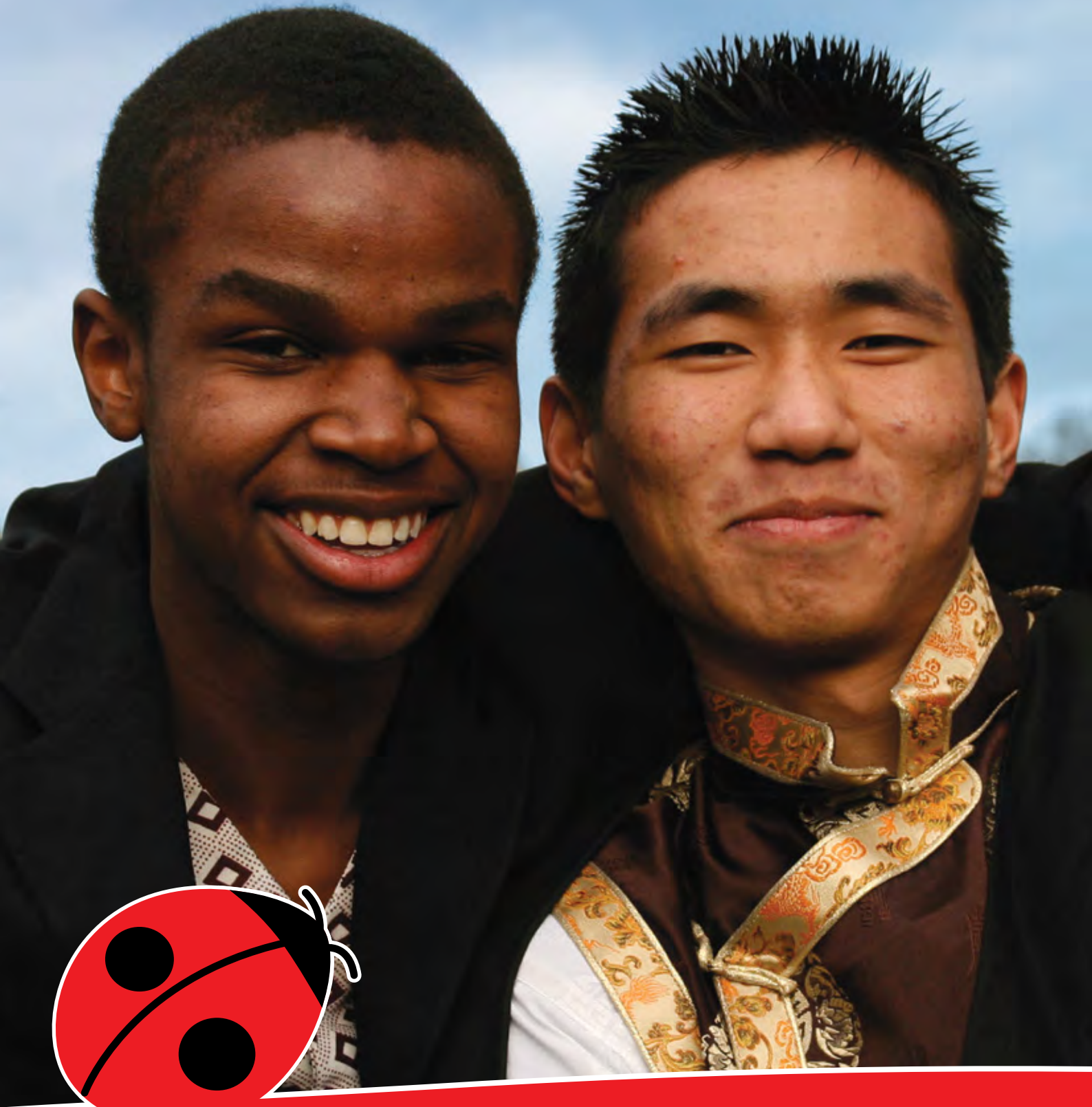


# pestalozzi

NEWSLETTER



Spring/Summer 2013

[www.pestalozzi.org.uk](http://www.pestalozzi.org.uk)

# Welcome notes from Pestalozzi Chief Executive Susan Walton

**Spring is upon us and there are green shoots and new growth in the fields and woodland around Pestalozzi. If only the same could be said of the economy! Unfortunately as the global market continues to weaken, charitable need rises.**

This year we face an additional fundraising obstacle. For 15 years Pestalozzi students have been treated as UK students for the purposes of education. Unfortunately, this exemption will come to an end in August 2013, and we will need to pay our students' course fees from then on. This will be a real challenge, amounting to around £5,000 per student per year. However, anyone who meets our students or follows the progress of our Alumni such as Uddhav, Nelisa and Kalpana (Page 10 and 11) will understand why we meet such challenges with renewed enthusiasm every year.

As I mentioned in the last Newsletter, immigration continues to be a political hot potato. It is frustrating that the UKBA seem to make it harder each year to get our students to the UK. Our staff and partners work diligently to ensure that every student submits the correct visa paperwork in the right timeframe. But every year we have valid applications turned down – only to have the visas issued on appeal!

Pestalozzi students treat their education as a privilege, and you can see from their contributions to this Newsletter how they always strive to make the most of their time here.

They go on to become great ambassadors for the UK as well as for Pestalozzi, making real and positive differences in the world. We should welcome them, and the cultural diversity they bring to the UK, with open arms.

On a lighter note, we were delighted to receive such positive feedback on the last edition of our Newsletter. In fact, you enjoyed it so much that we've added an extra four pages to this edition! Our Marketing Officer Jonathan Williams is keen to know what you think, so please get in touch with him on 01424 871901 or [jonathan.williams@pestalozzi.org.uk](mailto:jonathan.williams@pestalozzi.org.uk).

As you will see we have a great deal of good news to share with you and I would like to thank all the staff, students, volunteers and supporters who have made this possible. We couldn't do it without you!

*Sue M. Walton*



**My favourite photo!**

**Tenzin Lhatso:** This photo reminds me of happy and cheerful times in Pestalozzi with new friends.

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We'd love to stay in touch. Visit us at [www.pestalozzi.org.uk](http://www.pestalozzi.org.uk),  @PestalozziTru



# Introducing Trustee Roger Ward, FCA

**Roger Ward was appointed as Trustee and Honorary Treasurer at Pestalozzi in January 2012. He explains what being a Pestalozzi Trustee means to him.**

As a partner with Creaseys Chartered Accountants specialising in the not for profit sector, I know from first-hand experience the value of volunteers and the key role they play in charities both large and small. When I was first introduced to Pestalozzi, I knew my charity

expertise could be put to good use. I didn't know the year would be quite such a challenge!

The charity sector is not immune to the tough economic climate. Last year, it cost around £16,000 per annum to support each Pestalozzi student and, like many charities, we find that our outgoings are more controllable than our income. We are very fortunate to have the continuing support of the Grieg Foundation and we were blessed last year with a sizeable legacy. Our individual donors are also invaluable in helping Pestalozzi continue to thrive.

The most rewarding part of volunteering as a Trustee at Pestalozzi is the students. For me, seeing the difference these young people make, using their skills to give back to their countries of origin as well as to communities around the world, is just great.



## Thank you!

**We would like to say a huge thank you to the hundreds of individuals, trusts and foundations, groups and businesses that continue to support our work.**

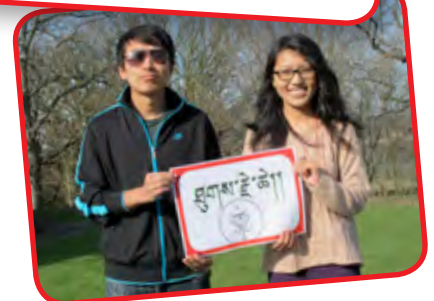
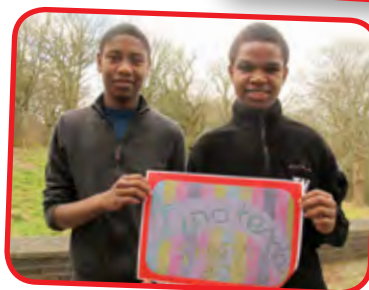
Your support makes a real and lasting difference in the lives of our students, to their home communities and our own local area in East Sussex.

Turn to the last page for some ideas of how you or your organisation can get involved.



### My favourite photo!

**Audrey Koti:** This photo is the cast of the Zimbabwean students' play "The Right Way". It shows how we preserve our cultures and get an opportunity to share our culture with other people.



st and  [PestalozziUK](https://www.facebook.com/PestalozziUK), email [office@pestalozzi.org.uk](mailto:office@pestalozzi.org.uk) or call 01424 870444



# Pestalozzi in the community

**Pestalozzi students take part in a variety of local community activities. These include visiting schools and care homes to share their cultures and promote international understanding.**

**Pestalozzi students have now been visiting Grosvenor House care home in St Leonards for four years. Grosvenor House Activities Coordinator Arnelda John reports.**

Our association with Pestalozzi began when Lesley Shareif, a friend of mine who worked at Pestalozzi, arranged the first visit for half a dozen students. Initially they performed songs and dances from their own countries to entertain our 33 residents, but the programme has developed to include joint activities such as cooking, crafts, storytelling and laptop presentations.

As part of the Greensleeves Homes Trust, Grosvenor House has successfully introduced the Eden Alternative approach to elder care. This method emphasises true companionship, variety and spontaneity, and it has improved the quality of life for our residents as well as ensuring that Grosvenor House forges links with our local community.

Our residents' shared interests with Pestalozzi students, as well as a good dose of mutual curiosity, has led to real friendships. The students' excellent English, good manners and ability to spontaneously engage with the older people has made them very welcome guests.

As one octogenarian put it, "I would like to say how nice it is to have students from Pestalozzi visit. They are polite youngsters and we always learn a little about each other's cultures."



## My favourite photo!

**Ugyen Wangchuk:** These are memories I'll cherish later in life since it's the beginning of extending our friend network to different nationalities.



You could start a Friends of **Pestalozzi** group and help support **Pestalozzi** students!



# Friends in far places

## Friends of Pestalozzi Groups

### Isle of Man

**Friends of Pestalozzi Isle of Man was formed in 1971 and, over 40 years later, they are still going strong. Daxa Patel talks about her work with the Friends of Pestalozzi.**

To celebrate our group's 40th anniversary, we sponsored our very own Pestalozzi student. We wanted to empower a female student who hoped to work towards reducing child mortality rates, improving maternal health and combatting HIV/AIDS. Our application for match funding from the Manx Overseas Aid Committee (MOAC) was successful and Dechen Yangkyi from Tibet became our Friends of Pestalozzi Isle of Man Student. We raised £20,000 in 2011 and £13,000 in 2012, securing two years' education for Dechen (who has been offered a fully funded place at Bucknell University, USA). We would like to thank the MOAC, our donors and function guests for this huge achievement.

If you are considering starting up a Friends of Pestalozzi group, I would advise to start small and develop it over time. In the first year, it's important to have one big function. We boost our income by running small awareness-raising events like cookery classes and lunches. When

we hold receptions, we keep costs down by using private residences, getting donations and support from local and ethical businesses, and making our canapés by hand! As we are quite far away from the village, we feel it is important to have Pestalozzi students present at our annual reception. We have been happy to welcome Amit and Nirmal from Nepal, Nomzamo from Zimbabwe, Amarachi from Nigeria, Roshan Rai from India, Laxmi from Nepal and now Dechen from Tibet.

It's also important to get local school students involved. In our case, this allows children on the island to gain a global perspective of the challenges faced by youngsters in less fortunate circumstances. We emphasise how education can transform lives and show how the island has contributed. This year, students from Castle Rushen school represented Pestalozzi in the Charity Challenge. They were runners up, winning £600 for the charity.

Visit the Friends of Pestalozzi Isle of Man website: [www.connect2charity.im/pestalozzi-iom](http://www.connect2charity.im/pestalozzi-iom)



### Lewes

**During Christmas 2012, Pestalozzi students performed at the Friends of Pestalozzi Lewes carol concert, which raised £1,250 towards Pestalozzi scholarships. Nigel Malaba and Claire Gapare report.**

Despite the cold weather outside, the church was nice and warm. We were honoured by the performance of a vibrant choir, who sang some wonderful carols with their angelic voices. Their performances and the whole experience helped us learn more about the English Christmas which is completely different to the Zimbabwean one!

When it came to our turn, four of us girls sang

"Santa Claus is Coming to Town" by the Cheetah Girls, a hippy and fast version of the song.

People were really surprised because all the other performances were slow and harmonic. We had great feedback, and everyone said they enjoyed it a lot. Tibetan students Tenzin Jamphel and Ugyen Wangchuk also performed a beautiful song called "Snow Lion of Peace".

It was a once in a lifetime experience and we got to meet new people who were interested in knowing about our culture. We would love to take part again!



Contact Abigail Tourle on 01424 871906 or [abigail.tourle@pestalozzi.org.uk](mailto:abigail.tourle@pestalozzi.org.uk)



# Student scrapbook: life at Pestalozzi

It's not all chemistry and economics! As well as studying hard for the International Baccalaureate diploma, Pestalozzi students get out and about, and many have an artistic streak too.

## A Day in Bustling London

Lobsang Dolma

To be in London on a fine Friday among bustling London people was more than I ever expected to experience. Our day started with a visit to Pestalozzi's corporate friends, BlackRock. This gave me a closer view of what happens in the markets and businesses across the world. I am truly amazed with what they do. With only two little eyes, some have got three or four big computers to look at. Watching the weird graphs for a few minutes completely tricked my eyes into seeing the different numbers and I wonder how they manage it. One of the BlackRock staff, Andrew, accompanied us on a museum visit. The day flew by, and going to the theatre play of *The Lion King* was indeed a special finale – I was left lost for words.



## Life: A Rollercoaster

David Mtonga

Colour dreams  
Rock bottom moments  
Sweet memories  
They come and go  
Merry-go-round  
Ship-ship comes along  
And the years have gone by like the wind  
Leaving traces of each experience behind.  
So many things do we encounter in this unfair and rough world.  
And looking back through the years, It's a rollercoaster ride all the way.  
That is Life. . .  
Too many places, so many faces  
Some things  
Mean everything.  
The blaze of sunlight, the moonless night  
I will sail this boat until all the oceans run dry.  
This life. . .  
What is it without others?  
Without their time, their experience, their ideas?  
The ups and downs are there to make us awake  
And we should carefully hold our mirrors to nature  
To live happy and fulfilled.

## Snow

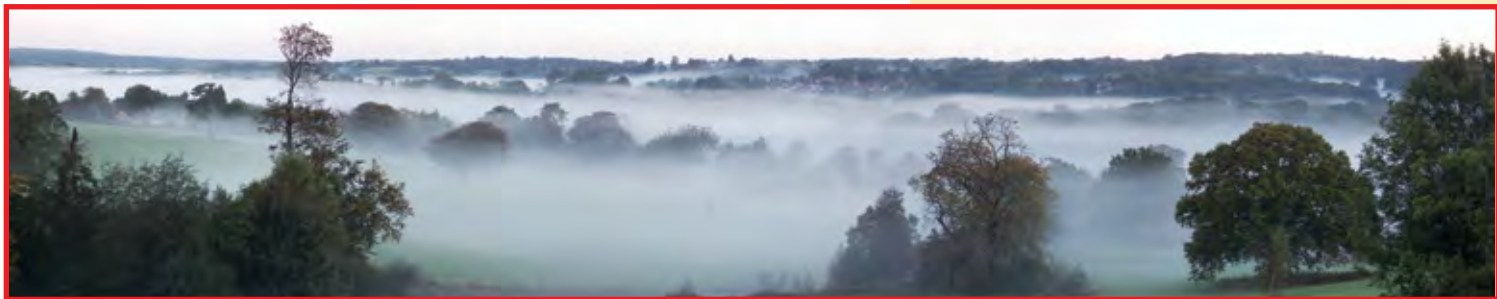
Rudolph Parham

The snow came and departed mysteriously. This was my first time experiencing the white graceful fluff dancing its way through the air, I felt as though it was not real. It invited its other friends and down they all came, covering the ground and making it white and so dainty. I got so carried away by its intrinsic beauty that I forgot how cold and nipping it can be. Now it is all gone, as though it was a dream. The snow came to say hi, but left without a goodbye...



## Anshul Agrawal

**Below:** Fog seems gruesome when driving or walking outside, but wait, look at it from a distance – you will see heaven on the earth.



You can volunteer at [Pestalozzi](http://www.pestalozzi.org) as a tutor or host family. Visit [www.pestalozzi.org](http://www.pestalozzi.org).





## Bharat Nepali

**Above:** This painting depicts social issues of Nepal such as caste discrimination, peace, war and superstitious beliefs.

**Right:** My painting of the mountains in Nepal.



**Right:** Diffraction of light is not only limited to theory or lab but it can also make things abstract and colourful. I try to view familiar objects in a different way to make them look unfamiliar and aesthetic.



## Pratiksha Sharma

**Above:** This is the recent painting I made which illustrates the Nepalese myth of Kichkandi, a beautiful ghost who entices men, leads them into forest and kills them. I enjoyed painting it and I love it.

## Sharing Cultures

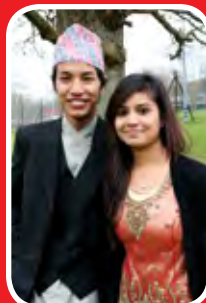
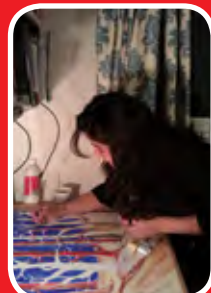
### Namkhang Tsamchoe

Pestalozzi has brought me closer to my lost country by giving me a bigger platform to represent Tibet. I've also had the privilege to share a room with a Zimbabwean girl and I now understand that engaging in discussions and intellectual debates is more enriching than reading books alone. She has introduced me to issues of HIV/AIDS in her home country



and inspired me to focus on this as an international issue. A clash of ideas often produces new insights and opportunities to truly understand the differences that colour this world. The insecurity that stems from my unconfirmed identity gradually fades away and I begin to perceive myself as global citizen.

org.uk/volunteer or call Victoria Wilson on 01424 871922 to find out more!



# From Uganda to the UK: a voyage of discovery

## How do we select students for Pestalozzi scholarships?

**It's a question we're often asked. Here we explore that process and what it's like for staff and candidates.**

Pestalozzi works with a number of partner organisations in each country to find suitable candidates for our scholarships. We work closely with these partners to make sure they understand what we are looking for in our students. Our partners help candidates prepare for the exams and interviews they must undertake as part of the Pestalozzi selection process.

Every year, members of Pestalozzi's Student Programme team travel to our partner countries for selection.

• We conduct  
• personal  
• interviews and  
• the students  
• sit exams in  
• English, maths and  
• science. Pestalozzi is very clear about  
• our student selection criteria (available on  
• our website). We take into consideration each  
• student's age, academic ability and potential,  
• financial situation, social circumstances and  
• commitment to making a positive difference to  
• people in their home communities.

In Uganda, Pestalozzi currently works with five partner organisations: SOS Children's Villages, Invisible Children, Forum for African Women's Educationalists, The Quicken Trust and Ambassadors of Hope.



## My first selection

**Student Programme Support Worker Victoria Wilson reports on her first solo selection trip to Kabubbu, Uganda in December 2012.**

I was very excited, although conducting selection alone was a new experience for me. Being the only person interviewing potential candidates and feeding back to the team at Pestalozzi was a big responsibility. Meeting the candidates was an amazing experience and I enjoyed each and every one of the interviews I conducted. Alongside the joy of



• meeting the  
• candidates was the worry of who would be  
• successful and who would not. I wish I could  
• have offered them all a Pestalozzi scholarship!

• On my return to the UK, the weight of  
• responsibility really hit me and I wondered how  
• I could make such a decision. Luckily, I had  
• the experienced team at Pestalozzi to help me  
• reflect, discuss and decide on which students  
• would be best suited to a Pestalozzi scholarship.  
• The Pestalozzi selection is an excellent learning  
• opportunity for everyone involved and I  
• hope even those students who are not  
• offered a Pestalozzi scholarship are able  
• to take something positive from the  
• experience.



Donate today to make a difference in the world! Call 01424 870444, visit [www.pestalozzi.org.uk](http://www.pestalozzi.org.uk)





## Selection day in Kabumbu

**Timothy:** I felt nervous at first, afraid I would not make it from among the many bright students that were present. But we were all in the same situation and I managed to somehow gain some confidence which was further boosted by the encouraging words of Pestalozzi staff.

**Habiiba:** Papa called me on an evening before my final interviews. I was so nervous! I could not imagine myself doing such



important exams so soon after my O-level finals. The idea of another deciding test (the IELTS) freaked me out!



## Selected!

**Timothy:** For my parents, this was the longest wait of their lives. Their only wish was that I would receive the scholarship. On my part, the wait seemed so long that all pictures of me in Pestalozzi had long faded out of my mind. Then I learnt that I had got the scholarship! I was ineffably excited. I can't forget smiling all through the day and sleep was far away from my eyes that night. It was the best surprise of my life.



**Habiiba:** Two months after the interviews, Papa called me to give me the best news ever. . . I was on the road to Pestalozzi! If he had not cautioned me, I would have died of excitement. I am not sure how everything would have ended. I still cry with joy every time I remember how I got here. It means a lot to me and my family!



## Arriving at Pestalozzi

**Rachel:** I did not feel anything when the plane was landing. No movement, no tummy contractions, nothing at all. I didn't even know we had landed until I spotted my neighbours sighing like they were relieved of some sort of trouble. I thought it was winter and I should be cold, so before we even got out of the plane I spontaneously developed goose bumps – and I was wearing two coats! I wanted to see everything covered with white snow . . . but what a disappointment. All I could see was tarmac. Within no time my lovely goose bumps disappeared!



My first few days brought so many differences to learn. Elders were called by their first names with no Sir or Miss added – this really gave me a hard time because in my country it is very disrespectful. I chose to say things straight on because otherwise I would call out their name then "Oh, sorry!" was always next. Not removing shoes was another strange one, goodness! I repeatedly reminded myself to keep my shoes on whenever I was entering my room or other people's rooms. I always mumbled, "Leave them on, you are in the UK," making sure nobody heard me.



[www.pestalozzi.org.uk/donate](http://www.pestalozzi.org.uk/donate) or fill in the form on the last page.



# The Pestalozzi Journey

Current students tell us about their time at Pestalozzi and share their hopes for the future.

## Daniel Hernandez

To me, the Pestalozzi scholarship means a lot. Due to my family's economic background, I had limited hopes of education after my high school studies in Belize.



I am now following my interest in electrical engineering, studying physics and chemistry alongside other subjects. The IB course, although demanding, is helpful in developing thinking skills while living at Pestalozzi in a multicultural environment is an excellent experience. I've adapted to life here and I'm able to learn a lot from other students and our different cultures.

## Tenzin Jamphel

Pestalozzi has given me an opportunity to study for the International Baccalaureate diploma, meaning I can improve my chances to get into a good university and go on to make a real difference with my life.

The multi-cultural environment here at Pestalozzi has also given me a unique opportunity to interact with students from different nationalities, to share my Tibetan culture and learn from them. Apart from academics, I think



the volunteering experience I've had participating in various activities has made me a much richer and wholesome student.

## Darpan Bohara

Pestalozzi unwraps opportunities for all of us students and has made me realise that our countries need people like us.

The scholarship has given me a platform to expand my abilities, with the IB course opening up all the different prospects available in the world. This would have been impossible for me to achieve in Nepal.

My plan for next year is to go on to university, study biotechnology and explore a lot of extra-curricular activities. Biotechnology is still evolving so it offers many exciting new opportunities. I want to research cost effective medicine for developing countries. In the future, alongside my career, I intend to provide opportunities to educate disadvantaged children in Nepal to help improve their status. I would also like to set up an NGO and work to change discriminatory attitudes.

I am very grateful to Pestalozzi for believing and assisting me and my ambitions.



## My favourite photo!

**Aravind Swami:** I've loved the opportunity Pestalozzi has provided to meet brilliant young minds. People looking different but thinking very alike; speaking different languages but expressing the same thoughts.

Could you help a Pestalozzi student with a volunteer placement? Contact Cha



**Pestalozzi Alumni go on to make a real difference in the world.  
Read more of their amazing stories at [pestalozzi.org.uk/alumni](http://pestalozzi.org.uk/alumni)**



## Uddhav Sharma

**Uddhav graduated from Pestalozzi in 2011 and is currently planning to major in Applied Mathematics and minor in Economics at Massachusetts Institute of Technology (MIT).**

Before going to Pestalozzi, I studied at Budhanilkantha School in Kathmandu. I received quality education there, but my future after graduating would have been tough due to financial difficulties. My life was transformed by getting a Pestalozzi scholarship and living at Pestalozzi. As well as the tough academic side of things, my horizons were widened and I became more interested in community service.



Last summer, I did my own project back in my hometown in Nepal. The project's goal was to create sustainable and profitable farming

in my rural village in Nepal, generating enough profit to fund the local school to establish a computer lab. The villagers were given training on how to start their own cash crops and many received training from agricultural experts. Currently we have planted vegetables like cauliflower, chili, turmeric and onion. Ninety percent of annual profit will go to the school. I am very satisfied with my work because this project gave me opportunity to work with my home community and do something meaningful for them. I received the Davis Peace Fellowship and the Martin Luther King Junior Leadership Award for this project.

Pestalozzi has played an important role in making me who I am today. I would never have been able to attend university like MIT if I hadn't received the Pestalozzi scholarship. The Pestalozzi experience further cultivated my motivations to undertake the kind of creative and social work I have done with my village, and I hope to continue getting involved in such activities in the future.

## Nchimunya Nelisa Tebeka

**Nelisa came to Pestalozzi from Zambia in 2009, graduating in 2011. She is currently studying biochemistry and cell biology at Jacobs University Bremen, Germany.**

When I was a child I always admired the white lab coat that I saw the doctors and lab technicians wear each time I visited the hospital. The way they would glide down the hallway swinging their coats from left to right made me so envious! I decided then what I wanted to do with my life.

Upon completing high school in Zambia, I was awarded a Pestalozzi scholarship to study the International Baccalaureate in a unique multicultural setup. Pestalozzi helped me to create a strong foundation that will open doors of opportunity throughout my career. After a rewarding two years, I went to study Natural Sciences at Jacobs. I have now been studying Biochemistry and Cell Biology (BCCB) for a year and a half.



In summer of 2012, I was offered an internship at the Research institute of Wildlife Ecology in Vienna, Austria. I helped devise a biochemistry technique that would enable my supervisor to answer a particularly important question. During my stay, I had another opportunity at the Research institute of Ethology where I worked on a genetics project. It was from this experience that I finally decided on my specialisation. For my master's degree, I plan on studying forensics in DNA profiling. I have dreams of working in a big police investigation agency and helping protect the world.

I am now working as a laboratory student assistant and I have my own lab coat that I wear while researching. I can smile at my childhood dreams and proudly say, "I am living the dream!"

Charlotte Allen on 01424 871922 or [charlotte.allen@pestalozzi.org.uk](mailto:charlotte.allen@pestalozzi.org.uk)



# Memories of Pestalozzi



## My favourite photo!

**Timothy Mazai:** This was my first experience of snow and to have the experience with a close friend, Pearl Rwayya, makes it even more interesting and memorable.

**Dr Kalpana Joshi** came to Pestalozzi in September 1966, when it was Pestalozzi Children's Village. She was one of seven boys and five girls chosen from Maharashtra state in India.



September was a lovely season to arrive as it wasn't too cold and we could see the autumnal changes from our dining room. We were excited about everything – from toilets and toilet paper, to having to sleep under blankets during the cold night. I saw my first snowflakes that winter and ran out to feel them on my body.

We were taken to local schools by coach. Even then there was the usual rush to get to the bottom gate in time! On Saturdays we were allocated to classes. Although as typical teenager I moaned and groaned, I can now appreciate what a privilege it was. I learnt to weave, dig and plant a herb garden, learnt about plants and pond dipping, pretended to be Lady Macbeth or became a stiff ballerina. Most of all, I learnt to swim. I still love it.

My favourite time was once a month when we had Indian food. It was difficult to get all the spices and ingredients in those days. As I was vegetarian like most of us Indians, I found it hard to get used to school dinners with slabs of spam or ham. Eating lettuce was bizarre too – no spices and completely raw! Best of all were the puddings: spotted dick, sponge and custard, chocolate cake, fruit salad, bakewell tart. I doubled in weight very quickly with all this food and became a large laddoo (round sweet)!

After Pestalozzi, I went to Liverpool University on the train with my two suitcases. Lime Street was disappointing as there were no lime trees. In fact, there were no trees in sight, though the cobbled street was lovely! I graduated from Liverpool and went to live in Birmingham. I have now been working as a GP for 22 years, which is worthwhile and fulfilling work. I also have an allotment garden where I can continue to experiment with growing edible plants and work with my hands.



## My favourite photo!

**Claire Gapare:** Different cultures and backgrounds enhance relationships. My Pestalozzi friends make life dynamic and vibrant.



What are your happy memories of Pestalozzi? We are keen to hear from supporters!



# Visiting our Pestalozzi family

## In Thailand

**Jenny Mitchell was born in Battle and has lived in Sedlescombe for 43 years, where she is now on the Sedlescombe Parish Council. She tells us about her family's connection with some of our Pestalozzi Alumni in Thailand.**

I went to school with some of the first Pestalozzi children and my daughter Deborah became friends with other Pestalozzi students in the 1980s, including Prapapan and Amornrat from Thailand. We invited them to picnics and one year for a traditional English Christmas, with a big roast dinner and presents under the tree. We've kept in touch since then. When Deborah celebrated her 40th birthday, her husband had a surprise – unbeknownst to us, he'd arranged for Prapapan to come to the UK! After that, Prapapan and Amornrat hinted a few times that we should visit them, so my husband and I decided to escape this winter and go to Thailand.

Prapapan showed us around Bangkok, how to use the Skytrain and get to places on river boats. When we went to the Grand Palace, she recommended we hire a tour guide, which turned out to be a great idea. The palace is beautiful and absolutely vast. I loved seeing the mosaics made of tiny blue stones from Italy, the huge reclining Buddha and the lamp post that was a gift from Queen Victoria! We saw so many amazing things as we travelled around the country, like an elephant that painted a picture of itself and signed its name.

It was fantastic to meet up with Prapapan and Amornrat. I wish we could have spent more time with them, but we had some trouble with our flights and they are busy people. Prapapan worked for the UN for ten years, but she now has three young children to look after. Amornrat has two teenage daughters and runs a children's nursery. We probably wouldn't have gone to Thailand if the girls hadn't said, "You must come!" but we had a wonderful time. Prapapan and Amornrat still remember our picnics and Christmas dinner from all those years ago, and they were delighted to be able to return the favour.



## In the USA

**Helen Leale-Green volunteers at Pestalozzi and has recently become a Trustee. In December she boarded a plane to the USA on a mission to meet up with as many Pestalozzi Alumni as she could in one week!**

Our first stop was Boston, where I was met by Shambhu, Uddhav (see Page 10) and Ishwar. They proudly showed me around MIT, taking me to some of its iconic buildings. It's wonderful to see them taking full advantage of the experiences that MIT offers. We then went to New York where we met up with Laxmi who stopped off to see us on her way to visit some friends. She is studying at Duke University and is on a global semester abroad with a number of other Duke students, studying the effects of poverty in the developing world.

Next on our whistle-stop tour was Washington, where we met up with Bimala and Krishna who are studying at Georgetown. They have found Georgetown challenging and have rediscovered their passion for learning. Their results are excellent. They gave us a tour of the beautiful university and the town. Finally we headed back to New York, where Rinzin and Sonam met me for breakfast one morning. Sonam is looking forward to Chanda and Dechen (current Pestalozzi students) joining her at Bucknell in September.

I had a wonderful time meeting up with so many of our Alumni and talking about their favourite Pestalozzi moments. I am sure they will all go on to have incredible lives and I feel honoured to have had my life touched by them.

ters and Alumni! Get in touch on 01424 870444 or [office@pestalozzi.org.uk](mailto:office@pestalozzi.org.uk)



## Independent! Are we?

**Abhishek Mishra**  
**Pestalozzi Alumnus**

Independence!  
A feeling to make you proud!  
To let the world listen to how  
you sound.  
You do everything you want  
Enjoy, dance or chant.  
We glorified Independence.  
Years ago we were told to dream:  
A country with equality  
A country of our choice  
But it seems the words were  
just noise.  
Promises are made by the leaders  
we choose:  
You will be filled as your field  
turns to gold  
There will be light in every corner  
of your home.  
After they get their posts,  
promises are gone.  
What is the difference?  
In that time and now  
They were Mughals and British  
They took whatever they liked  
Our money went to Swiss  
By the politicians you liked!  
Where is the independence?  
Where is peace we all dreamt on  
that night?  
Every year we hoist the flag  
Most proud citizens in the world  
Shouting slogans with our heart.  
But in reality can you feel any  
feelings sprout?  
This is not Independence.  
This is not what you are proud of.  
This is virtual freedom you are  
living in.  
Come out of the dream and think  
"Where and how have you been?"



## Meet the Team: Alex Whittington



**With a background in Estate Management, a degree in Psychology and a love for the great outdoors, Alex joined Pestalozzi as Facilities Manager in May 2012. Here he talks about the unique challenges of managing the 165 acre Pestalozzi Estate.**

It was a case of hitting the ground running when I arrived last summer, and I haven't stopped running since! My team is responsible for everything from cooking dinner for the students to patching leaks in ageing buildings, promoting our newly refurbished meeting rooms and finding the most cost-effective way to manage the fields and woodland. As well as these day-to-day concerns, we are putting a lot of effort into marketing our summer accommodation and training facilities so that others can come and enjoy our beautiful corner of Sussex and learn more about what Pestalozzi does.

It has been a pleasure to get to know the staff, students and volunteers here. Everyone has been very welcoming and supportive. Our students are becoming more involved in the Estate. Some helped out in the kitchen over Christmas following their food hygiene training, while others have done work experience with me, learning how we organise public events. This summer we hope to get our new garden up and running with student and volunteer support.

My ambitions for the Pestalozzi Estate are to continue improving the grounds and facilities to provide the best possible home for our students. We continue to move forward in leaps and bounds with new essential equipment and better buildings planned for the near future.

If you are in the area, please feel free to drop by. I'd be happy to show you around the grounds and buildings and tell you about our exciting plans!



Please visit the [Pestalozzi](#) website for our latest news



# Get involved

**Your support and involvement is critical to our work – we couldn't do it without you. Here are just a few ideas of how to get involved with Pestalozzi and help us achieve our aims.**



## Donate

It couldn't be easier! You can set up a regular gift, which will enable us to plan for the future confident of your support. You can also make a single donation by filling out the form on the right or by visiting [www.pestalozzi.org.uk/donate](http://www.pestalozzi.org.uk/donate) to donate online. All contributions are greatly appreciated, and help us with expenses like student visas, dinners at Pestalozzi, bus passes to college and medical support.

## Fundraise

Get your friends involved and organise an event! Could you hold a bingo evening, cake sale, coffee morning, dinner party, film night or quiz? What about a charity car wash, open garden, wine tasting or swimathon? Perhaps you'd like the challenge of running a marathon or climbing a mountain! These are only a few ideas of ways that you could help raise the vital funds that Pestalozzi needs to continue providing educational opportunities.

You could also get your group involved! We value our links with groups such as the Rotary Clubs, Soroptimists, Round Table, WI and Lions Clubs. We even have Friends of Pestalozzi Groups dotted around the country (see Page 4). If you would like to book a speaker to talk to your group about our work, please get in touch.

## Leave a Legacy

Leaving a legacy gift to Pestalozzi is a wonderful way to make your support live on, enabling our work to continue well beyond your lifetime. It helps us to ensure that future generations of students will be able to access the education they deserve.

## Join as a Corporate Friend

Corporate Friends of Pestalozzi range from small local business to large multi-nationals. They support us in a huge variety of ways, from donating sports equipment to providing pro bono support or taking groups of students for work experience and days out. This is a great opportunity to unite your staff behind a worthwhile cause.

If you would like more information about opportunities to support Pestalozzi, please contact Abigail Tourle, Head of Fundraising, on 01424 871906 or [Abigail.Tourle@pestalozzi.org.uk](mailto:Abigail.Tourle@pestalozzi.org.uk)

## SUPPORT PESTALOZZI - PLEASE GIVE WHAT YOU CAN TODAY

Cheques should be made payable to Pestalozzi International Village Trust. Please send to PIVT Fundraising Department, Ladybird Lane, Sedlescombe, Battle, East Sussex, TN33 0UF Registered Charity no 1098422

Title: \_\_\_\_\_ First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

I enclose a cheque for £ \_\_\_\_\_  
**to support a Scholarship and change lives forever.**

I wish to give regularly and have completed the Bankers Order Form (below)

### BANKERS ORDER

Please send to the address above, not to your bank.

Your Bank: \_\_\_\_\_

Bank Address: \_\_\_\_\_  
\_\_\_\_\_

Postcode: \_\_\_\_\_

Sort Code: \_\_\_\_\_ A/C no: \_\_\_\_\_

Account Name: \_\_\_\_\_

Please pay to Barclays Bank plc, 207-208 Queens Road, Hastings, TN34 1QP. Sort Code: 20-27-91 For the credit of Pestalozzi International Village Trust, Account Number: 60716383

the sum of £ \_\_\_\_\_

(please repeat in words)

Please take my gift: (please tick one)

Once  Monthly  Annually

commencing

until further notice.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### GIFT AID TAX DECLARATION

I wish Pestalozzi International Village Trust to reclaim tax on all donations I make on or after the date of this declaration and treat them as Gift Aid donations. I confirm that I currently pay Income Tax or Capital Gains Tax at least equal to the amount to be reclaimed.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

and forthcoming events: [www.pestalozzi.org.uk](http://www.pestalozzi.org.uk)



# OUR MISSION

**To make a real and lasting difference by applying the Pestalozzi principles of Head, Heart and Hands.**

Our unique two year scholarship programme in the UK offers academically bright but economically disadvantaged 16-19 year old students from around the world the chance to realise their potential.

Our selection process carefully identifies motivated young people who have demonstrated the desire to help their home communities but have limited educational opportunities in their home countries.

Our students live in a multi-faith, multi-cultural community in East Sussex. Through studying for the International Baccalaureate Diploma at Sussex Coast College, they are provided with an holistic education focused on the Pestalozzi principles of educating the Head, Heart and Hands. This allows young people, who would otherwise not be afforded the chance, to develop their potential and go on to make a difference in the world.

Our scholarship programme empowers the students to make informed decisions and take a confident step towards their future goals.

To find out more, visit our website: [www.pestalozzi.org.uk](http://www.pestalozzi.org.uk)

