

**Spring/Summer 2015** 

www.pestalozzi.org.uk



#### Behind the scenes

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**Front cover:** First year Indian student Aswathy Manukumar in national dress. Photograph by

Mags Alexander.

**Back cover:** Our Bhutanese students in national dress. Clockwise from top left: Lungten Wangdi, Thinley Dhendup, Sonam Wangdi, Sonam Choden and Dawa Zangmo. Photograph by Mags Alexander.

Photography: Faten Aguel, Mags Alexander, Stacey Amer, Fay Fellows, Shuvechchha Ghimire, The Hotchkiss Lookbook, Habiiba Malingha, Yanti Manurung, Christopher Michel, Estefanía Morera, Emilie Suggitt, Sonam Wangdi, Cliff Willard/Novo Photography, Jonathan Williams, Pestalozzi students, Pestalozzi alumni and others.

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# **Update from Sue Walton, Chief Executive**

Late last year we received a visit from our Patron HRH The Duke of Gloucester KG GCVO. The Duke has seen many changes at Pestalozzi throughout his 40 year patronage and took the opportunity to view our plans for the eagerly anticipated Pestalozzi Centre (see Page 6).



As President of the Britain Nepal Society, The Duke has a particular interest in the country and spent some time in conversation with Nepali scholar Shuvechchha Ghimire. Recent tragic events in Nepal have hit the Pestalozzi community hard, as the families of those from Nepal, Tibet and Bhutan struggle to recover from the devastation of the earthquakes. It is typical of the Pestalozzi family that everyone has rallied round and the students themselves have fundraised for those affected.

This time last year I mentioned that we were compelled to reduce student numbers due to the increased costs imposed upon us by the Education Funding Agency's refusal to reinstate the fee exemption that had applied to Pestalozzi scholars since the 1950s. Thanks to the support of the Grieg Foundation and the

Peter Cundill Foundation, we are in a position to take several more students in the coming academic year.

But bureaucracy has not finished with us yet. This year the cost of every visa application will increase to £750. The IELTS examinations that are a requirement of the visa application process will now cost us up to £400 more per student. This is primarily because UKVI has withdrawn accreditation from a number of examination centres worldwide, so some students will need to travel to a third country to sit their exam. At best this will have a significant impact on our expenses and at worst could mean that students will not be able to sit an IELTS examination in time for them to take up a scholarship.

We cannot do anything about the latter, but with your help I am confident that we will find a way to raise the additional funds and endeavour to ignite the 'international spark' that Madhumita talks about on Page 3. However you choose to support Pestalozzi - by running a marathon, leaving a legacy or joining Pestalozzi 200 we will continue to pursue a strategy of sustainable growth and enable many more young people to fulfil their ambitions to create a change in the world.

Thank you!

Bue M. Walla.









# An event-full year!

This academic year has been jam-packed with exciting events, bringing supporters, students, staff and volunteers together to educate, advocate and celebrate.



### **Changing [My] Perspective**

A stunning, one-night-only exhibition at Towner in Eastbourne featured photographs from Pestalozzi students, alumni, staff, volunteers and supporters from around the world. International photographer Mitja Rietbrock introduced the exhibition by saying, "A good picture is a picture taken first by the heart and then by the camera."

# **Cultural Evenings**

Focussing on the people, cultures, histories, art, landscapes and food of Zimbabwe, Zambia, Indonesia, Belize, Nepal and Tibet, our cultural evenings were enjoyed by hundreds of local supporters - and some visitors from much further afield.





# To the Ice Mountains of Burma

Organised by Friends of Pestalozzi Lewes, David Nelson's talk and his stunning photographs gave attendees a wonderful insight into the landscapes and cultures of the Himalayas.

### **Christmas Market**

Mince pies, mulled wine, a carol singalong, two Shetland pony 'reindeer' and dozens of craft and produce tables made for a buzzing seasonal celebration with something for everyone.



### Save the date

Don't miss out - pop these events in your diary now, then sign up to our email list to get regular reminders: pestalozzi.org.uk/news

- Rural Past Times: Saturday 8 and Sunday 9 August, 2015
- Pestalozzi Quiz Night: Thursday 12 November, 2015
- Pestalozzi Christmas Event: Saturday 5 December, 2015
- Friends of Pestalozzi Lewes Carol Concert: Wednesday 9 December, 2015
- International Celebration: Saturday 5 March, 2016
- Cultural Evening: Thursday 14 April, 2016



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## Thank you

**To** the Big Pestalozzi Family

Thank you for being here and thanks for making my life more meaningful.

**From** Yanti Manurung











# Beyond the classroom: Pestalozzi studen

# Navigating England's green country

#### **Bwalya Kasanda (Zambia)**

The Duke of Edinburgh's
Awards recognise young
people who undertake a series
of self-improvement exercises,
including volunteering,
crafts, skills, physical and
expedition activities. Bwalya
says, "I achieved the Bronze
Award after the completion
of a comprehensive set of
activities which included
physical section (including

Badminton), craft skills (like cooking and knitting) and volunteering (my Pestalozzi internship). I also had lots of fun and learnt navigation skills on the walking expedition! I really enjoyed the team spirit of my group and the view of England's green country near Hastings and Eastbourne."



#### **Sweet notes**

#### Sonam Choden (Bhutan)

The Pestalozzi guitarists, taught by volunteers Louisa and Stewart Patient, enchanted the crowds at Hastings Beatles Day in April. What's it like learning the guitar? Choden explains, "On Tuesdays, we have a guitar session for an hour and a half. The night lights up inside the hall as our fingers strike the strings with great enthusiasm. Every week we're trying to learn new notes, blending them together into a melody to produce a rolling music. It is not a piece of cake because

I have to learn different techniques for playing (much harder than memorising a recipe) but I get so much satisfaction when playing a song (much better than the sweet taste of cake). It is really exciting every time, because I am learning a new idea. It may be just one small idea for others but it really makes me someone extraordinary when I learn guitar because I love music. Attending these sessions relaxes me and I'm liberated from a hectic day. Learning from volunteers with great passion for music makes it even more special."



# An international spark to create a change

#### Madhumita Some (India)

Pestalozzi students visit local schools and work with class teachers to develop curriculum enrichment activities using cultural artefacts, traditional costumes, songs, dance, games and storytelling. They also have a newly formed Debate Society and debates with Claremont School are proving very popular. Madhumita says, "I wanted to introduce our diverse Pestalozzi cultures to other young people, so after a busy day of college we met a few students from Charters Ancaster prep school. Prabha (from Nepal), Dawa (from Bhutan) and I (from India) started by introducing ourselves and our cultural clothes. The kids were very welcoming. I put a saree on a girl from Nigeria and others who wanted to try. We did a small skit with a moral about having good friends in life. I believe we have created a ripple effect in them: an international spark to create a change in the world!"











# ts get out and about

# The busy life of Sandra B

#### Sandra Batakana (Uganda)

Our multi-faceted Pestalozzi students get involved in so many things it can be hard to keep up with them! Sandra describes her extra-curricular activities. "I like to practice my artistic talents to improve my skills. I sketch my friends' and sisters' faces and I do a lot of dancing - individually, with my friends and at big social events such as Afrikaba in Hastings or the Pestalozzi Cultural Evenings. I love sharing my African culture. On Sunday mornings, listening to Ugandan gospel music sets me in the worship spirit. Another art I value is cooking. I took up cookery at Pestalozzi to improve the variety of delicacies that I can prepare. I have learnt how to cook different cultural foods from all over the world.



I am a curious person who likes to know what different activities are going on. This led me to join college groups such as debating club where I can hone my public speaking and listening skills. It's also why I did the London Model United Nations (see Page 11) and the Duke of Edinburgh's Award, during which we found our way through a web of woodlands and hills for many kilometres! When I am feeling really productive, which is often, I also like to be of service to the community by visiting Grosvenor House and volunteering in an Oxfam charity shop."

# Pestalozzi 200 A big thank you to the following Pestalozzi 200

following Pestalozzi 200 members for ensuring we continue to make a difference in the world:

Pestalozzi

Julian and Quenelda Avery; Alan and Jean Brown; Miss Betty Charles; Lord and Lady Clarke; Peter Duncan; Mrs Ursula Ensmann; Paul and Gill Evans; Martyn Forster; Mr and Mrs C Harvey; Dr Edward Henderson; Arnelda John; Peter and Janet Kennedy; David and Margaret Macaulay; Bridget and Richard Maidment; Mr and Mrs M Marceau; Mr and Mrs Richard Meade; Andy Noble; Mr and Mrs Roger Perrin; Ms Gloria Redston; Miss Rhoda Nkonjela; Annette and Bill Shelford; Mrs Marilyn Shone; Jane Tourle; Mr Charles Uwakaneme; Mr Mike Wade; and all those donors who wish to remain anonymous.

Pestalozzi 200 members are key to helping Pestalozzi inspire young people to make a difference in the world. For more about membership, please turn to Page 14.

# Important life lessons

# Marshal Mugwagwa (Zimbabwe)

Pestalozzi students regularly visit elderly folk at Grosvenor House and other care homes. First year student Marshal says, "When I visited Grosvenor House, it changed my way of thinking. I have never had that kind of relationship with people of older age. The people I met there were amazing. They listened to my story and shared their life experiences with me.



One of them taught me that life is not always about ourselves as individuals but rather understanding the presence of others and caring for them also. This was an important life lesson I learnt at the care home."

### Thank you

**To** my host dad Tim Voltzenlogel Thank you for including us in the family spirit.

**From** Sonam Wangdi











#### Woman

#### Dawa Zangmo (Bhutan)

She was a mother, She was a daughter, She was a wife, a friend, a lover, But all you called her and thought her to be was WOMAN.

Woman you called her, You trashed her and smashed her. But no! No, no. Neither yearn, nor a sigh should she sigh, For she is The God of endurance, Called WOMAN.

All you wanted of her was to warm your bed,
Bear your savageness,
And absorb your anger.
For she had an obligation to fulfill, being
A WOMAN.

As if the word is a caste of its own, You contained her in this five-lettered word: WOMAN.

When she could thrive no longer She flew away.
But see the curse of being a woman:

The man she married to Became ready to sell her for his empty pride, As if, as if her body was what she was worth. So this was the story of a

woman and story of many And for others a story yet to become.

I ask today, How many dreams must die, How many individualities be ripped, Before this dark night ends and a new dawn begins?

# **Review: International Celebration**

Faten Aguel from Paris spent three months as an intern at Pestalozzi this spring, which meant she was able to enjoy the sights, smells, tastes and sounds of our International Celebration in March. This is her review of the event.

Every year, Pestalozzi holds its International Celebration to promote the multicultural environment of the charity.

The afternoon had a joyous and relaxed atmosphere. Walking around Swiss Hall was like travelling around the world: going to India to enjoy some samosas and pakoras, visiting an African country by way of a workshop. Nepalese students Prabha, Chhiring and Shuvechchha made beautiful henna designs on the hands of guests while Ritah (Uganda) and Mailess (Zambia) did some hair braiding. Guests could try on international clothes - I still remember some of our staff members dressed in African costumes! Students For Free Tibet held a stall to raise awareness about the causes they defend and to sell t-shirts and badges. Meanwhile, some students ran an interactive storytelling workshop and Sandra and Bwalya invited guests to join them in a Zumba workout. Quite a lot of people took part, swaying their hips this way and that.

After everybody caught their breath we enjoyed diverse and great performances. The Bhutanese students opened with a rousing dance followed by an impressive drumming performance from Belizean student Chris. Then, some Nepalese and Indian girls offered us a lovely Bollywood dance before Syeed and Dawa carried on with an intense rendition of a Hindu song. We had African dances and poetry and the Pestalozzi guitar group performed, in chorus, "Nowhere Man" by the Beatles. Near the end the students surprised us with a flash mob to the Bruno Mars and Mark Ronson hit "Uptown Funk". Staff and guests joined in and it was so nice to see everybody singing, dancing and moving all together.

But all good things come to an end, and after spending three hours travelling all around the world, it was time for everybody to land at Pestalozzi and realise that we were still in Sedlescombe and not in some distant country! Everybody had a lovely afternoon with amazing entertainment and the chance to learn new customs and traditions.

Don't miss International Celebration next year - it's on Saturday 5 March, 2016.











# Pestalozzi Centre progress

Back in 2007, we received planning permission to redevelop and upgrade the buildings on the Pestalozzi estate. Since then, we have improved the drive and entrance and upgraded Sainsbury House to include en-suite accommodation. We have also renovated West Lodge and Amakhosi House, which we rent out to secure revenue for the charity.

The Pestalozzi Centre is the first of six planned new buildings to be erected on the site, which will also house education, accommodation, catering and administrative facilities. The project has been partly funded by the sale of some of our land and we have drawn down money from an existing trust to fund the demolition. We have also been lucky to enjoy the generous support of the Grieg Foundation.

In the last year, our Facilities Manager Alex and the rest of the Pestalozzi Centre team have worked with the builders Westridge Construction and the architects Miller Bourne to finalise the internal layout and the fix the overall cost. At the same time, in the first few months of 2015, Trogen and

International Houses were demolished (see photos).

The site is now clear and construction will begin soon.

We hope that the Pestalozzi Centre will be completed by March 2016. Check future newsletters for updates!







### Thank you

**To** The Peter Cundill Foundation

A million thanks. I have received an incredible platform here at Pestalozzi because of support from sponsors like you - and now more students will be able to dream high because of your generous support to Pestalozzi. Dhanyabad (that's "thank you" in Nepali).

From Shuvechchha Ghimire



### ARO points the way

ARO is a student PR team from the University of Brighton's Bright Young Things initiative. They worked with us as part of their course this year.

This been an inspiring experience and we are so glad that we are able to represent Pestalozzi. Understanding more about their mission and endeavoring to help promote their work has been educational. We've been making contacts around Eastbourne and doing fundraising events. We've also created press releases and stories about Pestalozzi students, to highlight the amazing work this charity does.









# **London International Model**

London International Model United Nations (or LIMUN, as it's commonly known) is a three-day conference held in February each year. It brings together thousands of university students and a few fortunate secondary level delegates, including our first year Pestalozzi students, to discuss and debate issues of global concern. Delegates are assigned a country to represent and they research the laws, customs, cultures and pressing issues of their country in order to represent that nation's interests during the conference.

### **Priyansh Gupta**

(India, representing Tuvalu)
LIMUN was simply astonishing
for me. I learnt a lot about global
issues and diplomacy in an
interactive and enjoyable way.
I represented Tuvalu, a small
country in Oceania. It was really
hard to find information about
the country, but I got a lot of
help from the staff at Pestalozzi
and from my friends. During
the conference I learnt about
the complexity of negotiating
and drawing up amendments to
the working paper. In the end,

although we couldn't pass any resolution through majority, the committee was a huge success. Surrounded by experienced delegates, I was strongly encouraged to do my best. Using formal language, I tried to convince a large audience with diverse interests. What makes LIMUN different is that the delegates must represent interests pertinent to their country and justify all actions of their country no matter what their personal opinion is. LIMUN inspired me to maintain an open-minded, cooperative

approach to international affairs. It was truly a multicultural experience. I would love to live this experience again and again.





"I feel so privileged to have attended this awesome conference. Thank you to the sponsors who felt that it was worth having us at LIMUN and provided us with financial support." Ritah Nabaggala (Uganda, representing Rwanda)

## **Yanti Manurung**

# (Indonesia, representing Mali)

I was representing Mali, which is a developing country in Africa. It was not easy to be representing a country which I did not even know existed! I was in the UNESCO committee and our topic was about homophobia and equality. In my opinion, being a homosexual person is alright, nothing is wrong with that. But here at LIMUN I had to represent Mali, which does not recognise such sexual orientation. I felt like I was arguing against myself. Also, I am a Christian and Mali is mainly Islamic. My study brought me to a point where I had to read the Quran, or at least several verses from it. It was super difficult.

The debate in my committee was fun but slow. Every country has its own point of view and we could not force other countries to follow our ways. I got the feel of being a UN delegate in a world where the problems are in a circle and you do not know where to start, where eradicating discrimination is not as easy as blinking, where your decision would be determining people's lives. It was so heavy. We were stuck. I was stuck. There was a suggestion from Germany that we should include this in school curriculum. That was when I felt like I was a real Malian, I said, "Our children do not even have anything to eat." I went back to college on Monday after LIMUN and it was a shock to realise that I was a high school student, not a UN delegate from Mali!









# **United Nations**

# Bigyan Babu Regmi

# (Nepal, representing Colombia)

Being a student of economics and politics, it is great to get an opportunity to participate in group discussions and decision making and to apply my knowledge of global affairs. In Nepal, I didn't have any opportunity to get involved in those kinds of activities, but at Pestalozzi I got a chance to participate in the largest Model United Nations in Europe. In this sense, its indeed an achievement that I can be proud of throughout my life. I got to know about the UN and its functional frames and procedures. I learnt to negotiate, argue with

backed reasons, find common ground or consensus and, above all, have a say in important and burning affairs in the contemporary world. Similarly, meeting with people from different corners of the world was a great experience indeed. I am glad to be in touch with them even after the conference. I hope the skills I gained from LIMUN will be of great help to become a leader and contribute back to the community throughout my life.

"The most fun bits were the unmoderated caucuses. They brought about such chaos, and I loved it."

Mailess Phiri (Zambia, representing Paraguay)



"The debates were long and interesting with some beautiful metaphors, for example, the resolution paper is like a doughnut, it is sweet from the side but it has a big hole in the middle!" Chok Tsering (Tibet, representing Lesotho)



"The UN is an organisation I'd like to be involved in. Therefore, attending LIMUN was like travelling to my future and experiencing the warmth of it." Tenzin Yangkey (Tibet, representing Burkina Faso)

### Sonam Wangdi

#### (Bhutan, representing Zimbabwe)

I was in the UNESCO committee and we talked about the rise of homophobia and sense of equality as the first topic and conservation of languages as the second topic. After the discussion of the first topic, my personal beliefs about homophobia changed considerably. Although I wanted rights to be equal for every living person, I still had doubt that homosexual people were deprived of their rights. But someone asking me to imagine living in a country that deprived me of such rights made me change my mind. With the second topic, I always had been a supporter

of conserving languages from the day I knew that Bhutan's national language gave us a unique identity and played a role in protecting our country from dominance. At LIMUN, I learned that language plays much larger roles in the history of human society and the acquisition of knowledge. Overall, I would say that I came out of LIMUN a better person and a little wiser in the way I look at the world.

"I learned to speak before thousands of unknown people with full confidence. I could see the whole world in front of me, in the form of proud delegates representing their assigned nations." Aswathy Manukumar (India, representing Spain)









# Nassir becomes a Pestalozzi Trustee

Pestalozzi alumnus Nassir (Abdul-Nassir) Farraj has joined our board as a Trustee.

Nassir left his family in the Jalazone Refugee Camp in the Occupied Palestinian Territories in 1977 to attend Pestalozzi. It was the beginning of a journey that would transform his life and the lives of those around him.

Nassir completed his schooling at Claverham and Bexhill Colleges and his undergraduate and postgraduate studies in London. As soon as he completed his MSc, Nassir returned to Palestine to work in international development. Over the past 25 years his professional career has taken him to Azerbaijan, Belize, Jordan, Egypt and number of other countries, where he has worked for NGOs and charities including the British Council. Global Communities and Save the Children. He recently returned to the UK to ensure a solid education for his children.

Read more about Nassir on our website: bit.ly/1bjtoeU



# Alumni news: the journey

Pestalozzi has been supporting young people in education since our first students arrived in 1959. We love hearing from our alumni around the world and seeing those who make their way back to East Sussex to visit Pestalozzi. As well the updates in the Pestalozzi Newsletter, we regularly feature blog posts and stories from our alumni on our website: pestalozzi.org.uk.

## Kheli Mhlanga

Kheli (Mkhokheli) Mhlanga from Zimbabwe graduated from Pestalozzi in 2004. A chance meeting with another Pestalozzi alumnus set him on his career path, while the Pestalozzi ethos has shaped the way he raises his young family.

It's been over 10 years since I left Pestalozzi, and I am sincerely grateful for the platform that it offered me. I would not be the person I am now if it was not for all the staff, supporters and all the Pestalozzi Family. When I left the village, I enrolled at Jacobs University Bremen (then known as International University Bremen) in Germany where I studied for a Bachelor of Science in Biochemical Engineering. I graduated in 2007.

Upon completion of my university studies I found what I believe is my calling in wastewater treatment and I have forged a career in the industry. My first introduction to the wastewater industry was through a chance meeting with Dr Son Le, a Pestalozzi alumnus from Vietnam who was at the village in the 1970s. I met Dr Le at United Utilities PLC during a three month work placement, when I was still studying for my degree. He went on to offer me a role in his research team,



mentored me and taught me all I know about the industry. I think this is true testament of how Pestalozzi continued to impact on my life. I have since gone on to work for several other companies and currently I work for Smurfit Kappa Group, Europe's leading corrugated packaging company and one of the leading paperbased packaging companies in the world.

I met my wife Alice in 2007 and we married in 2009. We have two handsome boys and we intend to instil the same values I learnt at Pestalozzi of educating the head, heart and hands in our children. Furthermore, in the same ethos of Pestalozzi, we are fully funding the education of my two nephews, who were left orphaned after my sister passed away in 2006 from HIV/ AIDS. In the long run we intend to set up a charity or scheme to support education of orphans of HIV/AIDS victims in Zimbabwe.









# continues

#### Sonam Dolker

Tibetan alumna Sonam graduated from Pestalozzi in 2012. She went on to study Business Management at Bucknell University in Pennsylvania, with a major in Markets, Innovation and Design.

Currently, I'm participating in a program that focuses on energy and environmental policy and includes classes in policy analysis and sustainable development. This semester has been very eye-opening for me. My experience here has shown me that as much as there could be people with a cynical and selfish worldview, there are more people who care about this planet that we live in and our role in this mutual struggle for survival.

There is a growing need in the international development and aid field for diverse perspectives and experts on analysing through gendered lenses. This captured my attention and I was fascinated by the impact and huge significance for this growing demand for experts, in understanding the cultural implications of providing aid.

Additionally, I was accepted to work with SOS Children's Villages USA (SOS) as their Direct Marketing and Donor Stewardship Intern. This has made me truly understand the scope and reach of international development organisations and to also see the change that an individual's actions can make in so many lives. Like Pestalozzi, SOS aims to change individual lives of vulnerable children around the world, giving hope

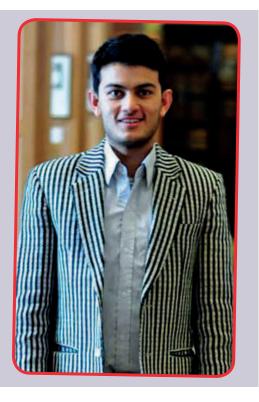


and courage for brighter dreams and better futures. Just as SOS provides a new home, family and opportunity to change a child's life, Pestalozzi has been the beacon of hope for Pestalozzi scholars. The opportunities available at Pestalozzi helped us grow - as academics, as human beings and as individuals who have the power to make substantive change in the world we live in.

### **Bibek Basnet**

Bibek graduated from Pestalozzi in 2014 and has gone on to attend The Hotchkiss School in Connecticut. He recently shared this story. . .

Sometimes a ladybird comes into my room. I do not know where from, but I have seen it a couple of times. It's only ever in my room - I never see it anywhere else. I feel kind of homesick when I see it, or rather kind of Pestalozzi-sick (not sure if I can put this way). I feel nostalgic. Sad. But at the same time happy, because it reminds me of those amazing days at Pestalozzi and great people there.



# Fundraising champions!

A huge thanks to our marvellous alumni who have been helping us reach our fundraising targets and support future generations of Pestalozzi students. Amit Shrestha (Nepal, 2000-2002) raised over £1,000 doing the Movember challenge and Manisha Thapa (Nepal, 2010-2012) raised over \$1,000 running the Philadelphia Half-Marathon. Elle (Pramuan) Johnson (Thailand, 1990-2002) and Somporn Tadsee (Thailand, 1990-2001) competed in the Hastings Half-Marathon, which raised almost £4,000 for Pestalozzi. See Page 12 for more!









#### **Thanks**

Thank you to the following trusts, foundations, groups and organisations for their support:

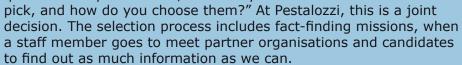
Ashcroft Charitable Trust: Benham Charitable Settlement; Business Breakfast Club; C Brewer and Sons Ltd Trust; Campbell's Estate Agents; Catenian Association Hastings Circle; Charlotte Marshall Charitable Trust; D Hooley Charitable Settlement; Eastbourne College; G M Morrison Charitable Trust; Hastings Direct; Homelands Charitable Trust; Ian Askew Charitable Trust; Isle of Man Friends of Pestalozzi; Joseph Strong Frazer Trust; Lewes and District Soroptomists; Lewes Friends of Pestalozzi; Miss P M Ireland's Charitable Trust; Mrs A Lacy-Tate Trust; Mrs EE Brown Charitable Settlement; Raymond and Blanche Lawson Charitable Trust; Rotary Club of Herne Bay; Rotary Club of Senlac; Rural Past Times; Starbucks Youth Action and UK Youth; The Albert Van Den Bergh Charitable Trust; The Andrew Turnbull's Trust; The Ashburnham Thanksgiving

Trust; The **Dorothy Howard** Charitable Trust; The Elizabeth Bennett Charitable Trust; The Grieg Foundation; The R H Scholes Charitable Trust; The Titcomb Foundation; The Wellington Reynolds Charitable Trust; University of **Brighton Students** Union; and all those that wish to remain anonymous.

# **Recruiting in Uganda**

Each year, Pestalozzi staff head out to our partner countries to recruit (or select) new Pestalozzi students. Last November, Fay Fellows went on selection to Uganda, where she was joined by Ugandan alumna Habiiba Malingha. Here's Fay's report.

The opportunity of a full scholarship is a very precious prize for any student and the question everyone asks is, "Who do you



I started by introducing Pestalozzi to the students with some fun ice breaker games and a formal presentation. It was great to have alumna Habiiba and former Pestalozzi staff member Katie Moore there to help me. Habiiba could tell the students first-hand about her Pestalozzi experience and she understood more about their backgrounds and how they interacted within the group.



The next two days consisted exams and individual interviews. During the interviews, we look for great potential and that bright spark that sets a student apart. We want to select young people who, with the benefits of the Pestalozzi programme and opportunities, will go on to make a difference in the world. I was really impressed with what the students knew about the world, considering that many of them came from a very rural location with no electricity or the internet! They were really passionate about

improving their country - eradicating corruption, managing alcohol and substance misuse and dealing with the number of betting companies that have been allowed to operate and the impact this is having on young men. A few interviews were suspended due to intense rain storms: the rain on the metal roof was so loud we could not hear each other.

It was a real pleasure overseeing the selection process. I feel privileged to work with a great team and to help young people on their journey to achieve their dreams.

We look forward to welcoming three new Ugandan students to Pestalozzi next academic year. Keep an eye out for them in future editions of the Pestalozzi Newsletter.



### Thank you

**To** my sociology teacher Warren Davies Thank you very much for your generous support. Every volunteer counts and helps us stand tall.

From Sonam Choden











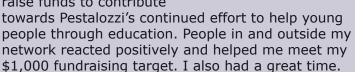
# **Marathon achievements**

## **Manisha Thapa**

Manisha from Nepal graduated Pestalozzi in 2005 and has since gone on to study and work in the USA. She recently completed her first half marathon, raising over \$1,000 for Pestalozzi in the process.

I come from a small town of Dadeldhura located in the far-western region of Nepal. I left home at the age of nine, when I was awarded a scholarship to pursue my education in a national boarding school in Kathmandu. In 2003, I was provided the opportunity by Pestalozzi to pursue the International Baccalaureate in the UK. I soon discovered the Pestalozzi scholarship was more than just an opportunity to further my studies. It was a true assimilation into a diverse family, comprised of people who wanted to make a difference in their communities. It has been almost a decade since I left Pestalozzi and I still fondly recall the experiences of my two years there.

Given my own story and those of my close friends, I have always wanted to contribute towards helping young people who may lack the right opportunity or resources to attain quality education. I saw the half-marathon that took place in Philadelphia last November as a fun way to promote Pestalozzi's objectives and raise funds to contribute



I hope to be involved in many more future fundraising efforts for Pestalozzi and encourage others to do the same. It really is a wonderful organization with a great cause!



### Priyansh Gupta

Priyansh from India is one of our first year students. Along with the rest of the Pestalozzi Running Team (students and staff), two alumni and four volunteers, Priyansh helped raise almost £4,000 for Pestalozzi in the Hastings Half-Marathon.



I woke up too excited that morning. I had spent the week making sure I was completely prepared for my first half-marathon. Full of confidence, I finally made it to the starting line. I was trying to stay calm and pace myself but I couldn't. I started running and I kept going and going until I reached Queensway, which is the most difficult part according to everyone I spoke to. I kept running. My aim was not to stop at all, no matter what happened. As we came to the first water station I was dying for water but I tried to bypass the crowd and keep running.

At the five-mile mark, a small stone got into the sole of my shoe. I was in pain but I didn't stop. After running two miles, I had to check for the stone but I couldn't find anything. Many people ran past

me and I didn't like it, so I started running again. I was enjoying the amazing crowd support and cruising along happily, putting no thought into what lay ahead. I could see the seafront now, which meant I was very near to the finishing line. I reached the seafront and saw the twelve mile marker. I only had one mile to go. One final mile and I would be finished!

The crowds started getting larger with all the people cheering us on. I really wanted to kick up the pace but my legs disagreed and I kept a nice even stride. I was staring at the finish line. It was maybe a hundred yards away and I have never had such an urge in my life to just stop and walk. But no way was I going to give up now. I crossed the line and for the first time in my life I felt truly victorious. I wanted to laugh for no reason at all and wanted to cry tears of joy. The miracle isn't that I finished, it's that I had the courage to start.

Want to run a marathon for Pestalozzi? Set up a fundraising page on JustGiving: justgiving.com/pestalozzi









#### **Star donors**

Many generous people help us provide scholarships to our exceptional students. A special thank you to those individuals who have donated over £200 in the last year:

Miss N E Baker; Peter and Valerie Ballard; Mr and Mrs David and Beryl Bartter; Jo Berger; Professor Derek Blackman; Miss A M Bolton; Mr A L Bovd: Nan Brenninkmever: Sir Richard Butler; Mr T Clark; Mr Ralph Cook; Miss P A Cotterell; Miss Jean G Couch; Mrs Patricia Davenport; Joe and Judy Donovan; Ms Sharon Ebbs; Miss A M Filer; Martyn Forster; Mr David Harries; Dr and Mrs Harvey; Miss Ellen Hill; Mr John Hodgson; Mr and Mrs Hole; Anne and Andrew Hudson: Mr Andrew Hunter Johnston; Dr Wesley Hydes; Mrs Yolande Imrie; Mr H J M Izzard; Mrs Rosemary James; Mrs M Jones; Mr Malcolm Kemp; Mr Richard Meade; Miss Peangduen Meeumpon; Mrs M C A Monteith; Mr & Mrs C Morrell; Ms A Morrison; Mr Alan Olin; Miss Owens; John Page OBE; Jane and David Pennock; Patricia Shepheard Rogers; Mr Nigel Thomas; Mrs S M Walton; Mr David Welch; and all those who wish to remain anonymous.

To donate, simply use the form opposite. Alternatively, you can donate online by visiting pestalozzi.org.uk/donate.



# Meet the team: Carol Blythe

In February 2015, Carol celebrated 35 years at Pestalozzi. Calling this feature "meet the team" seems a bit silly, because almost everyone who's been part of Pestalozzi since 1980 will remember her. We asked Carol to share some of her memories of years gone by.

I can't believe how quickly the years have passed. I remember coming for my interview as if it was only yesterday. We sat in the Pavilion, a wooden building with two rooms belonging to the Warden (Mr Gale) and the Deputy Warden (Mr Mountain). Mr Gale, a very gentle man, interviewed me and offered me the job on the spot, much to my amazement!

My first working day was quite daunting. I hadn't worked in an office for over 10 years and I didn't know how I was going to remember all those strange sounding names, let alone spell them. But I was soon made to feel at home by all the smiling, respectful children. There were invitations from the house mothers to visit the national houses for meals and many cultural festivals to attend. In the early days, many older students who were away at university came back to Pestalozzi for holidays. Many former students have become firm friends who I am still in touch with all these years later.

My two daughters Teri and Toni went to school in Battle with the Pestalozzi students and travelled back to Pestalozzi with them on the school bus. Once here, they would disappear into one of the national houses and I would have to search for them when it was time to go home. They often joined work groups with the children, which ran during holidays - including the summer holidays, because in those early years the children didn't go home every year. Both Teri and Toni learned to drive a tractor here, which I am sure helped them both pass their driving tests first time. My granddaughter Blue came to Pestalozzi, starting when she was a baby. As she grew up, the older children would whisk her off and look after her while I was at work. My life and my family's lives have been enriched by so many lovely people from faraway lands. I consider all the students as adopted sons and daughters - what a wonderful family I have!

Pestalozzi students started taking the International Baccalaureate Diploma in 1997. Despite the IB students only being here for two years, strong friendships were forged and when the time came to say our goodbyes, they were just as fraught as those of the students who I had known for over a decade. There have been some tears, especially when students finish (I hate to say goodbye), but also a lot of laughter. I wouldn't have missed a moment of these past 35 years!









### **Donation ideas**



£10 could make a student's birthday something special during their stay at Pestalozzi



£80 can pay for a student's monthly bus pass, so they can get to college and local volunteer activities.



£130 could be used to purchase a years' worth of educational supplies for a Pestalozzi student.



£350 can cover a student's medical fees as part of their visa application, so they can embark on their Pestalozzi journey in the UK.

### Pestalozzi 200

Pestalozzi 200 members contribute £200 or more per year as a longer-term commitment to helping Pestalozzi inspire young people to make a difference in the world. Membership provides opportunities to gain a closer relationship with the organisation, staff, alumni and students, with special invitation-only events and acknowledgement in our newsletter and annual report.

To join or to find out more, please call 01424 870444.





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